The American Association of Orthodontists Recommends Treatment for Adults, When Appropriate, in Conjunction with Regular Dental Care

Some of the reasons correction of orthodontic problems are important to adults:

- **Can help prevent or improve periodontal problems**
- **Can help prevent or reduce further bone loss around teeth**
- **Improves ability of the dentist to restore missing teeth**
- **Improves aesthetics for a better smile and facial appearance**
- **Improves function of teeth**
- **Improves self-confidence and self-esteem**
- **Improves oral health**

By working together, the dental team can achieve results for patients that cannot be produced alone.

Final treatment decisions should be made in consultation with the family dentist, the orthodontist and other specialists, if necessary

Resources

- **AAO Web site, www.braces.org**
- **AAO members in your area**

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American Association of **Orthodontists**

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Problems to Watch for in Adults



Crowding



Spacing



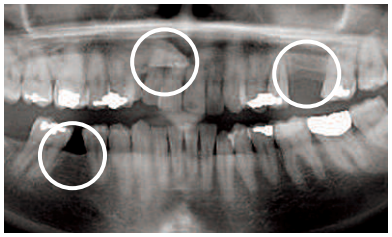
Anterior Crossbite



Tooth Wear/Bruxism



Periodontal Problems



Impacted/Tipped/Missing Teeth



Protrusion



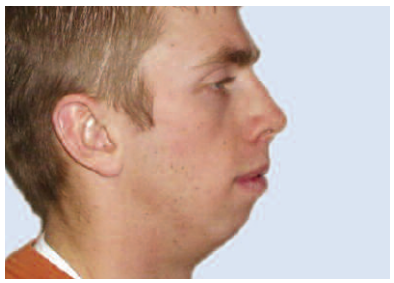
Open Bite



Deep Bite



Class II



Vertical Problems



Class III

Malocclusions, some of which are illustrated above, may be improved by orthodontic treatment

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